



**VGS 2019 Conference**

**UAN List of Sessions with Details**

**Title: Yet Another UTI**

Date: Friday April 26, 2019

Start Time: 7:30 AM End Time: 8:30 AM

Contact hours: 1.0

JA4008162-9999-19-711-L01-P

Activity type: Knowledge

Speaker: Sangesta Sastry, MD

**Objectives:**

- 1) Review circumstances in which additional diagnostic tests for causes of recurrent urinary infections should be undertaken
- 2) Discuss use of preventive antibiotics to suppress recurrent urinary infections
- 3) Summarize evidence related to use of preventive therapies like cranberry products

**Title: Advanced Diabetes Management Using Newer Options**

Date: Friday April 26, 2019

Start Time: 8:30 AM End Time: 9:30 AM

Contact hours: 1.0

Activity type: Knowledge

JA4008162-9999-19-711-L01-P

Speaker: Lauren Pamulapati, PharmD

- 1) Review guidelines for care of Type II diabetes in the elderly, taking into account the results of Advance and Accord clinical trials
- 2) List groups of patients for whom tighter control is warranted In older patients where tighter control is warranted, review approaches to use of newer agents to achieve better control
- 3) Briefly review use of new glucose monitoring devices

**Title: Arteritis: Is This Headache Benign or a Potential Killer?**

Date: Friday April 26, 2019

Start Time: 10:00 AM End Time: 11:00 AM

Contact hours: 1.0

Activity type: Knowledge

JA4008162-9999-19-711-L01-P

Speaker: Seema Patel, MD

Objectives:

- 1) Describe the clinical features and diagnostic assessment of cranial arteritis, including temporal arteritis and how these symptoms are distinct from other headaches
- 2) Review recommended treatment when suspecting cranial arteritis

**Title: To Treat or Not to Treat: Prostate Cancer 2019**

Date: Friday April 26, 2019

Start Time: 11:00 AM End Time: 12:00 PM

Contact hours: 1.0

Activity type: Knowledge

JA4008162-9999-19-711-L01-P

Speaker: Mayer Grob, MD

- 1) Review current status of recommendations on prostate cancer screening
- 2) Outline innovations in treatment that offer improved outcomes with less morbidity
- 3) Summarize the long-term results of definitive treatment in early stage disease
- 4) Describe circumstances under which the strategy recommended would be watchful waiting rather than active treatment

**Title: Finding a Time & Place for Addressing Intimacy in the Care of Older Patients**

Date: Friday April 26, 2019

Start Time: 1:00 PM End Time: 2:00 PM

Contact hours: 1.0

Activity type: Knowledge

JA4008162-9999-19-711-L01-P

Speaker: Anita Clayton, MD

- 1) Review facts about sex practices and preferences of older patients
- 2) Discuss strategies to include sex as a topic in patient care

3) Describe interventions that may improve sexual function and satisfaction in older patients

**Title: Getting People Vaccinated, Don't be a Vector or a Victim**

Date: Friday April 26, 2019

Start Time: 2:00 PM End Time: 3:00 PM

Contact hours: 1.0

Activity type: Knowledge

JA4008162-9999-19-712-L01-P

Speaker: Denise Lowe, PharmD

1. Describe the efficacy of commonly-employed older adult vaccines (e.g. flu, pneumonia, shingles)
2. Outline preferred schedules for vaccination when multiple vaccines are given
3. Review the true side effects and special considerations needed when advising patients

**Title: Clinical Decisions, Antiplatelet Therapy: Which Drugs, and for How Long?**

Date: Friday April 26, 2019

Start Time: 3:30 PM End Time: 5:30 PM

Contact hours: 2.0

Activity type: Knowledge

JA4008162-9999-19-711-L01-P

Speakers: Christian Barrett, MD & Chris Rembold, MD

Objectives:

1. Review the main therapeutic antiplatelet therapy options in current practice
  2. Describe the tests now available to evaluate effectiveness of anti-platelet therapy
  3. Summarize key findings from the literature and recommendations regarding clinical effectiveness of anti-platelet therapy
- 1) Discuss currently available and emerging treatments for this problem

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**Title: Of Horses & Zebras: Recognizing Reversible Cases of Dementia**

Date: Saturday, April 27, 2019

Start Time: 7:30 AM End Time: 8:30 AM

Contact hours: 1.0

Activity type: Knowledge

JA4008162-9999-19-711-L01-P

Speakers: Kristin Williams, MD & Sarah Hobgood, MD

1. Describe several causes of dementia for which there are potentially curative treatments
2. Review how to clinically distinguish the uncommon potentially reversible cases of dementia from the more common conditions

**Title: Clinician's Dilemma: Depression, Dementia, Both? What to Do?**

Date: Saturday, April 27, 2018

Start Time: 8:30 AM End Time: 9:30 AM

Contact hours: 1.0

Activity type: Knowledge

JA4008162-9999-19-711-L01-P

Speakers: Shriti Patel, MD & David Spiegel, MD

1. Review best practices with regard to detecting the presence of depression in older patients
2. Describe approaches to distinguishing the affective flattening seen in dementia from depression
3. Outline how and when to consider electroconvulsive therapy in older patients
4. Summarize best options for pharmacologic therapy in geriatric depression

**Title: Stiff, Weak and Slow: Is It Parkinson's or Something Else?**

Date: Saturday, April 27, 2019

Start Time: 10:00 AM End Time: 11:00 AM

Contact hours: 1.0

Activity type: Knowledge

JA4008162-9999-19-711-L01-P

Speaker: Jon Snider, MD

Objectives:

1. Describe clinical conditions that are on the "Parkinson's disorder spectrum" but are not Parkinson's disease, features and prognosis, including development of dementia
2. Outline how to distinguish Parkinson's disease from other similar conditions
3. Review how treatment approaches may differ in these situations

**Title: Strange Neurologic Spells: How to Make Sense of Them**

Date: Saturday, April 27, 2019

Start Time: 11:00 AM End Time: 12:00 noon

Contact hours: 1.0

Activity type: Knowledge

JA4008162-9999-19-711-L01-P

Speaker: Soundarya Gowda, MD

1. Describe clinical features of non-convulsive epilepsy and how to evaluate for this condition
2. Outline what distinguishes TIAs from other kinds of temporary neurologic syndromes

**Title: What to Do About Agitated Behaviors in Dementia**

Date: Saturday, April 27, 2019

Start Time: 1:00 PM End Time: 2:00 PM

Contact hours: 1.0

Activity type: Knowledge

JA4008162-9999-19-711-L01-P

Speakers: Peter Boling, MD & Robert Palmer, MD

1. Review current recommendations for management of agitated behaviors in patients with dementia
2. Summarize the evidence of benefit and harm coming from use of antipsychotic medication for this problem

**Title: Case-Based Approach to HIV in the Geriatric Population**

Date: Saturday, April 27, 2019

Start Time: 2:00 PM End Time: 3:00 PM

Contact hours: 1.0

Activity type: Knowledge

JA4008162-9999-19-713-L01-P

Speaker: Patricia Fulco, PharmD

1. Describe the prevalence of HIV infection in the geriatric population
2. Review prognosis of HIV disease with current therapy
3. Summarize how treatment of HIV disease, drug interactions, and other factors may impact care of primary care patients, along with the role of clinical pharmacists

**Title: Non-Opioid Approaches to Managing Chronic Pain**

Date: Saturday, April 27, 2019

Start Time: 3:15 PM End Time: 5:15 PM

Contact hours: 2.0

Activity type: Knowledge

JA4008162-9999-19-711-L01-P

Speakers: Samantha Schaller, PharmD & Ken Brummel-Smith, MD

- 1. Describe the relevant pharmacology of non-opioid medications
- 2. Review best practices when prescribing non-opioid medications for chronic pain

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**Title: Target Lipids: How Low Should We Go and for Whom?**

Date: Sunday, April 28, 2019

Start Time: 7:30 AM End Time: 8:30 AM

Contact hours: 1.0

Activity type: Knowledge

JA4008162-9999-19-711-L01-P

Speaker: Frank Zieve, MD

- 1. Review the evidence supporting primary prevention of atherosclerotic events in older age
- 2. Summarize the findings of clinical trials for secondary prevention of atherosclerotic events in older age
- 3. Describe the evidence of side effects from the statin medication group
- 4. Discuss subsets of older patients for whom continued use of statins in advanced older age may not be worthwhile

**Title: Better Bones? The Latest on Vitamin D & Other Drugs**

Date: Sunday, April 28, 2019

Start Time: 8:30 AM End Time: 9:30 AM

Contact hours: 1.0

Activity type: Knowledge

JA4008162-9999-19-711-L01-P

Speaker: Bob Adler, MD

- 1. Review latest data on benefits of Vitamin D supplements for various different groups

2. Summarize recent data on use of medicines to enhance bone health
3. Outline optimal strategies for bone health management among the older-old

**Title: Ageist Bias: How Common Is It Among Professionals & Patients**

Date: Sunday, April 28, 2019

Start Time: 10:00 AM End Time: 11:00 AM

Contact hours: 1.0

Activity type: Knowledge

JA4008162-9999-19-714-L01-P

Speakers: Jennifer Inker, MS, MBA, PhD, LALFA & Carol Hurst, PhD, MSW, LCSW

1. Give examples of how expectations about aging may influence patient decision-making
2. Identify ways in which health care professionals may unwittingly bring bias into the patient care process

**Title: Priming the Pump: Management of Heart Failure in Older Patients**

Date: Sunday, April 28, 2019

Start Time: 11:00 AM End Time: 12:00 noon

Contact hours: 1.0

Activity type: Application

JA4008162-9999-19-711-L01-P

Speaker: Krishnasree Rao, MD

1. Outline preferred tactics in contemporary management of systolic and diastolic phase heart failure
2. Describe the newly defined problem of cardiac amyloidosis
3. Discuss use of recently-introduced new modalities such as neprilysin inhibitors and indwelling pulmonary artery pressure monitors